

Masters and Ladies Cycling Club

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Report to the Race Organiser at the Trailer at the race venue 30 minutes before the start. You must have your cellphone with you, charged and on. Ensure you have enough time to complete your duty properly, and sufficient petrol in your car.

Equipment to be used from the trailer

Orange safety bib

- Red flag
 - Broom

٠ Orange Cone 2 x cyclist signboards plus a hammer

Remember to return these items to the trailer before you go home

What to do at duty point

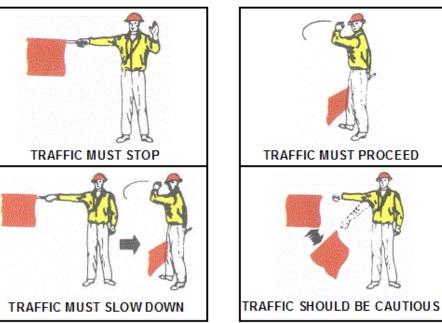
- When you travel out to your duty point, travel along the race route and look out for any dangers / pot holes / glass along the route. Clear if possible or notify race organiser so that riders can be warned before the start of the race.
- Place a board and cone at the top of the hill before the rumble strips, and a • board at the foot of the hill. Position yourself on the Seaview side of the rumble strips going up 5K Hill.
- Your duty is to STOP vehicles coming up the hill from Seaview, when cvclists are coming down 5k Hill and cross onto the left of the road to avoid the rumble strips.
- Use signals as shown on the right to direct traffic.
- Be assertive when directing traffic. Motorist must clearly understand what . you are indicating and what they must do. Our road clearances received from the traffic department places the marshal in full control at a intersection and performs the same duties as a traffic officer that would be doing such a duty.
- Remain at your duty point until the last cyclist has passed. The race organiser will inform you who that is or the pick-up vehicle will inform you when you can leave.
- Report any incidents or events to the race organiser immediately

NOTE : Act firmly and decisively indicating clearly to all traffic what you want them to do, do not aimlessly wave the flag. Smile and thank drivers for stopping.

EMERGENCY CELL PHONE WITH RACE ORGANISER 076 570 4636

Marshalling- What signals to use to direct vehicle

Your Primary duty is to control and direct vehicle traffic. You do not have to indicate the route to the cyclists. It is each cyclists responsibility to know the route.



Marshalling- Where to place "Beware of Cyclists"

Place the signs on the road that joins into the route that the cyclists ride. Do not place

on the road that is in the same direction as the cyclist route.

